

OCTOBER 2025

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MISSOURI GI SOCIETY

SCOPE IT OUT

Take A Peek Inside

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MISSOURI GI SOCIETY

PRESIDENTS CORNER

The Missouri Gastroenterology Society proudly hosted its inaugural in-person meeting, bringing together gastroenterologists, advanced practice providers, fellows, and industry partners from across the state for collaboration, education, and advocacy. Course directors, Drs. Judy Trieu and Dayna Early organized an amazing meeting with keynote speaker, the renowned Dr. Aasma Shaukat of NYU.

Held at Washington University School of Medicine to maximize accessibility, the event marked a major milestone in uniting the state's GI community under a shared vision of advancing digestive health care in Missouri.

The program featured a dynamic mix of clinical updates in colon cancer screenings, challenges with large polyps, and use of AI technologies in the GI space. In addition to the rich educational content, attendees had valuable opportunities to engage with peers, regional thought leaders, and exhibitors in a collegial, in-person setting.

This inaugural gathering set the tone for the Society's future impact—strengthening professional networks, amplifying the voice of Missouri gastroenterologists, and driving meaningful dialogue around patient care and legislative priorities. The Missouri GI Society looks forward to building on this strong foundation with continued in-person and virtual events, advocacy efforts, and opportunities for statewide collaboration.

Sheetal Sharma, MD FACG
President, Missouri GI Society

Join Dr. Steven Flamm for a virtual CME lecture on primary biliary cholangitis!

Personalizing PBC Diagnosis and Management: Considering Updated Guidance to Address Unmet Clinical and Quality of Life Burdens

Thursday, October 16, 2025

7:00 PM – 8:00 PM EDT

6:00 PM – 7:00 PM CDT

4:00 PM – 5:00 PM PDT

Register at <https://Integrityce.com/PBCWeb2> or scan the QR code:

Faculty Presenter



Steven Flamm, MD, FAASLD, FACP

Professor, Department of Internal Medicine
Division of Digestive Diseases and Nutrition
RUSH Medical College
Clinical Director, Network Development and Outreach
Transplant Service Line
Director of Research, Section of Hepatology
RUSH University Medical Center
Chicago, Illinois



Program Overview

Primary biliary cholangitis (PBC) is a chronic autoimmune liver disease most prevalent in North America, affecting about 39.2 per 100,000 individuals in the US. It predominantly occurs in middle-aged women and is often difficult to diagnose due to nonspecific symptoms. While ursodeoxycholic acid (UDCA) remains first-line therapy, updated guidelines emphasize individualized treatment to improve liver health, delay transplant, and enhance quality of life. This interactive, case-based webcast will explore recent updates in treatment guidelines and clinical strategies to improve diagnosis, personalize management, and reduce disease burden and transplant needs.

Learning Objectives

Upon completion of this educational activity, participants should be able to:

- Define the pathophysiology, burden, and prevalence of PBC
- Assess current treatment guidelines concerning the early diagnostic evaluation and evolution from reactive to more proactive management of PBC in frontline and later-line care
- Summarize updates in the management of PBC in patients with inadequate response to or inability to tolerate frontline therapy in terms of delaying transplant and improving patient quality of life

Target Audience

This educational activity has been designed for gastroenterologists and other healthcare professionals who manage patients with PBC.

Accreditation Statement



Integrity CE, LLC is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

Integrity CE, LLC designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclaimer

The information provided at this activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition.

MISSOURI GI SOCIETY

Member Spotlight

ALL OF YOU!!

Highlights from the In-person meeting







**The MOGI Board would
like to thank all of you
who attended the
meeting.**

(Jean Wang, Sheetal Sharma, Aasma Shaukat, Matt Bechtold, Benita Stennis, Dayna Early, Judy Trieu, Elizabeth Marsicano, Yezaz Ghouri, Rajiv Chhabra)

LEGISLATIVE UPDATE

This quarter's legislative update is provided by Dr. Elizabeth Marsicano.

Missouri gastroenterologists operate at the intersection of science, patient advocacy, and regulatory oversight. Recent legislative and regulatory developments directly influence how patients are screened, diagnosed, and treated for digestive diseases, and how practices are staffed and funded. Screening policies, scope of practice, administrative burdens, prior authorizations, Medicaid, and reimbursement are only some of the policies being decided.

As Mr. Jacob Scott, the MSMA's Director of legislative affairs mentioned "Too often, physicians hesitate to get involved in politics...in Jefferson city what speaks loudest is engagement—resources...we want a healthcare system built on quality." Now more than ever, physicians' practices are being shaped at state and federal levels. Engaging in the discussion is critical for both ourselves and our patients. This can be done by staying up to date with current legislation, and ensuring you are communicating with your representatives. Below are some easy ways to get involved, please visit our website to learn more.

To Track Bills:

Missouri House of Representatives - Legislation

<https://house.mo.gov/LegislationSP.aspx>

--Official government website for House and Senate joint bill tracking

Free bill tracking for Missouri - FastDemocracy

<https://fastdemocracy.com/states/mo/>

--Find your legislators, track bills and get updates by topic

Ways to communicate with our Representatives

5 Calls: <https://5calls.org>

- **How it works:** After entering your location, the app presents current issues with pre-written scripts and contact information for your specific representatives. The idea is to spend five minutes to make five calls.
- **Features:** It offers scripts with talking points, tracks your progress, and now includes topics for state-level legislatures in some areas.
- **Availability:** Available for both iOS and Android.

Resistbot <https://resist.bot>

- **How it works:** You can text "Resist" to 50409 to begin. The service will guide you through writing a letter, and it will then convert your message into a fax, email, or physical letter to send to your representatives.
- **Features:** It can send messages to members of Congress, Governors, and state legislators. You can also create campaigns to encourage others to send similar messages.
- **Availability:** Accessible via text message and a website.

PolitiCall App

- **How it works:** makes it easy to find and contact your representatives
- **Features:** call, email or go to your representatives website
- **Availability:** App

Advocacy Training Workshop (Missouri Association of Osteopathic Physicians and Surgeons and Missouri State Medical Association)

Missouri State Medical Association - Advocacy Training
<https://www.msma.org/Advocacy-Training>



Healthcare Advocacy Workshop

**Advocate, Testify & Communicate
at MSMA's Healthcare Advocacy Workshop**

All Members Invited – Seating is Limited – Register Today
Saturday, October 18 – Jefferson City – Missouri Capitol
10:00 AM-2:00 PM INCLUDES LUNCH

Physician Advocacy Day in Missouri - Join members of MOGI in Jefferson City for an exciting day of Advocacy!

Missouri State Medical Association - Physician Advocacy Day
MAOPS Advocacy Day | Osteopathic Medicine in Missouri

March 3rd 2026-- All Missouri physicians, residents, fellows, medical students and Alliance members are invited to attend

<https://docs.google.com/forms/d/e/1FAIpQLSe70pWkjU7J8kvG2p6Sp301MJmaE1-44H2u6sxDdELJxEb8xQ/viewform>

CASE OF THE QUARTER

A 54-year old man with decompensated cirrhosis and HRS-AKI is being treated with intravenous terlipressin and albumin. On day 4, his serum creatinine has decreased by 25% from baseline, but he develops new-onset chest pain, new hypoxia (SpO₂ 88%) and bibasilar crackles. EKG shows nonspecific ST changes, and chest x-ray reveals mild pulmonary edema.

Brought to us by Drs. Erica Becker and Marina Kim from St. Louis University.

Which of the following is the most appropriate next step?

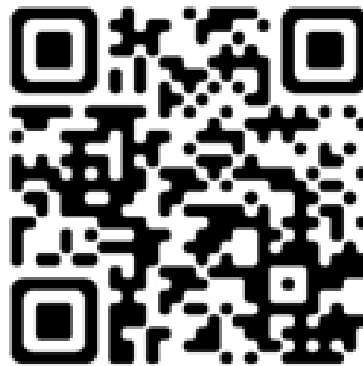
- A. Continue the current dose of terlipressin and increase albumin regimen, as creatinine is improving.
- B. Withhold terlipressin and decrease albumin infusion immediately
- C. Switch to midodrine and octreotide immediately, and continue albumin at the same dose.
- D. Increase the dose of terlipressin to achieve further reduction in serum creatinine



Click link for answer: <https://www.missourigi.org/mogi-society-case-answers>

BECOME A MEMBER TODAY!

Become a member of the Missouri Gastroenterology Society and keep up to date on the latest issues affecting GI providers throughout our state! Join by scanning the QR code or visit <https://www.missourigi.org/membership>.



Membership in the Society offers the following benefits:

- Complimentary registration to the MO GI Society's Annual Meeting
- Ability to Earn MOC Points and AMA PRA Category 1 Credit
- Establish new connections with gastroenterologists from around the state and share ideas about making all GI providers successful well into the future
- Advocate for the profession on legislative, regulatory, and payer (both public and private) issues state-wide.



MISSOURI GASTROENTEROLOGY SOCIETY